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ABSTRACT

This text on physical education for children and adolescents with disabilities attempts to bring together current research findings and best educational practices from the fields of adapted physical education, special education, psychology, medicine, physical therapy, occupational therapy, and therapeutic recreation. The book is organized into four major sections. Section 1 includes chapters on historical background, developmental patterns, motor learning and perception, and understanding individuals with disabilities. Section 2 is on managing the learning environment, with chapters on: organization and administration of special physical education, teaching special physical education, evaluation, and assistive devices. Section 3 presents 12 chapters on the following conditions that result in enervated or impaired movement: (1) orthopedic disabilities, (2) cerebral palsy, (3) muscular weakness and other movement disorders, (4) sensory impairments, (5) cardiopathic conditions, (6) respiratory disorders, (7) nutritional disturbances, (8) other conditions requiring special considerations in physical education, (9) mental retardation, (10) learning disabilities, (11) behavioral disorders, and (12) severe disabilities. Section 4 has chapters on the following specific activities and programs: activities and games for young children, rhythms and dance, individual lifetime activities, dual sports, team games, swimming, physical fitness, posture and body awareness, relaxation, and competitive sport for athletes with disabilities. (DB)

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